

Obesity has been shown to be associated with at least as much ill-health as poverty, smoking and problem drinking and with as much premature mortality as smoking†



RCGP Scotland

Myths, Mysteries and Mechanics of Obesity, and the Treatment of the Morbidly Obese

FREE half day symposium

FREE half day symposium exploring the myths, mysteries and mechanics of obesity, and the treatment of the morbidly obese.

Date: **14th June 2012**

Location: **Hilton Hotel Edinburgh Airport**

Event: **Half day symposium for GPs and associated Healthcare Practitioners**

This event is FREE to GPs and other relevant Primary Healthcare Practitioners. Only 80 places are available so to secure your place now please email Charlotte Kelly at charlotte.kelly@covidien.com

This half day course caters towards GPs, newly qualified GPs and GP trainees. Expert speakers from the multidisciplinary team will provide an overview of the myths, mysteries and mechanics of obesity, including the current trends and developments in treatment patterns.

This event aims to be truly interactive, with the topics for discussion being lead by the following members of the patient care pathway: GP, Endocrinologist, Physician, Dietitian, Psychologist, Bariatric Nurse and Surgeon. The vision for this course is to provide a greater understanding of the relevance of weight and its impact on health, as seen from the eyes of the professionals in direct patient contact, whilst underpinning the importance of patient support within primary care.

Programme

12:00	Lunch
12:40	Welcome
12:45	The obesity picture
13:10	Latest thoughts on obesity
13:35	Obesity management issues from a Primary Care perspective
13:50	Discussion and clarification of questions to be answered
14:00	Management of the morbidly obese patient from a Physician's perspective
14:45	Management of the morbidly obese patient from a Dietitian's perspective
15:10	Management of the morbidly obese patient from a Psychologist's perspective
15:40	Afternoon tea
16:00	Management of the morbidly obese patient from a Surgeon's perspective
16:30	Surgical management patient pathway
16:45	Questions
17:00	Close

Speakers

Fred Pender	Dietitian, University of Edinburgh
Brian Walker	Professor of Endocrinology, University of Edinburgh
Shelagh Stewart	General Practitioner, Prestonpans Health Centre
John McKnight	Consultant Physician, Western General Hospital
Carol Sutherland	Psychologist, St. John's Hospital
Lorna Hunter	Bariatric Specialist Nurse, Spire Murrayfield Hospital
Bruce Tulloh	Consultant Surgeon, Edinburgh Royal Infirmary
Andrew de Beaux	Consultant Surgeon, Edinburgh Royal Infirmary

For further information please visit www.rcgp.org.uk/default.aspx?page=3869&eventId=5780, or search for **obesity/weight management courses** on the RCGP Scotland Events website.